NOTE: This is a comprehensive categorized list of all known Health Realization articles from journals and other indicated publications through fall of 2014. It is intended to strengthen the resource base and understanding of trainers and scholars interested in the Health Realization principles (also called Three Principles, Psychology of Mind or Innate Health).

Most entries were published in copyrighted journals. Permission to copy should be obtained from the publisher as needed. Some items are available on-line or through university data services; a few items are posted at: nationalresilienceresource.com.

Additional literature may be added to this list in the future. Please send complete citations for new items to marsh008@umn.edu. For manageability, with few exceptions, unpublished papers (including those from principle-based conferences) are not included.


Category 1 – Clinical Trials

None at this time.

Category 2 – Peer Reviewed Pilot Studies (with study subjects)


Category 3 – Peer Reviewed Journal Articles (theory, application)


### Category 4 – Edited Book Chapters


### Category 5 – Published Conference Proceedings or Papers


**Category 6 – Theory and Application**

**Category 7 – Review Articles**

**Category 8 – Professional Journals and Publications**

**Category 9 – Other Publications**

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Category 10 – Comments in Publications

Dissertations (partial list)
Master’s Theses: (partial list)